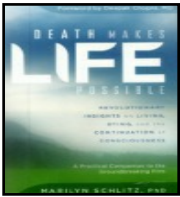


Conscious spirituality  in search of truth...



MARILYN SCHILTZ: DEATH MAKES LIFE POSSIBLE 2015

Marilyn Schiltz is a social anthropologist and former president of Institute Of Noetic Sciences, IONS (2017), in “Death Makes Life Possible” and an accompanying DVD she raises awareness of the notion that consciousness continues beyond the physical body and the transition known as death.

In context, her research for the above book is based on scientific, spirituality, consciousness, extensive interviews, with case studies and discussions with believers-non-believers. Purposefully, Schiltz has framed the book and produced the DVD to encourage broadly families, community interest and seekers of Truth group to discuss it’s contents. In 2016, my home-based meditation group read extracts from the book and viewed the fascinating DVD. At an aging expo in Hobart was invited to have a stall of the various literature-materials the above topic “Death Makes Life Possible” encouraged considerable interest. An extract from “Death Makes Life Possible” follows.

–Philip Crouch, Tasmania, 2020

MARILYN SCHILTZ: BACKGROUND BRIEF

‘Marilyn Schiltz, PhD, a social anthropologist, has been studying the field of consciousness for more than three decades, and serves as president emeritus, and a senior fellow at Institute of Noetic Sciences, IONS in America. In her new publication “Death Makes Life Possible,” 2015. Marilyn provides an incredible insight and depth into areas of, **living, dying and continuation of consciousness.**

The book is based on extensive research combing interviews, case studies, and featuring content from a wide range of people—including:faith based and other beliefs terminally ill patients. Research also included, a sceptical perspective, near death experiencers,NDE, and scientists working in the field of consciousness studies. Contextually, the literature also provides studies that reach beyond a biological functioning of the brain. An accompanying DVD features interviews, discussion and more on what constitutes death!’

MARILYN SCHILTZ: “DEATH MAKES LIFE POSSIBLE” EXTRACTS

[PP:34-35] REDEFINING IDENTITY

‘Many spiritual teachers believe that we can shift our views of who we are and that doing so offers a portal to world view transformation. An aspect of death that causes fear is the question of personal identity: Who or what dies?’



Answering that question of personhood can help us to reformulate our relationship with death, says Satins Kumar. A former monk, longtime peace and environmental activist, and editor of Resurgence & Ecologist magazine, Kumar explained to me [Marilyn Schiltz] his world view: **My identify, what we call small identity-like my label, my name, my nationality, my religion-doesn't survive bodily death.**

These are small identities. If I am a member of the universe and a member of the earth community, and I am part and parcel of the life force, that is my identity. It is my true identity, or my primary identity. My secondary identities are that I am an Indian, I am a certain age. I was born in the Jain religion etcetera. All these are secondary identities. We need not be afraid of losing secondary identities.

[PP:54-55] TRANSFORMATIVE POTENTIAL NEAR- DEATH-EXPERIENCES

I think we become, in a sense an almost pure form of energy. And in this pure state of energy, we coalesce into all of the knowledge that we've collected in all our forms, many of the lives we have lived. **I believe in multiple lives, not recurrent lives.** I don't believe we are born into lives in a linear format, but I think we live multiple lives simultaneously. So when we cease to be physical, all of those lives coalesce together; all of the knowledge comes together at one time.

And the reason we assume the light to be God is because all of the knowledge coming together is so overwhelming that we just assume that this must be what God is. It's the initial threshold of something that we call life after death, but it's the leading edge of the loss of identity.

The reason that we return from the near-death experience is as a survival mechanism that says we can't quite lose our identity. True life after death is a loss of identity. It's a reintroduction into whatever the purest form of energy is, that all of creation or matter is made from. Do we become the origin of another star or something like that? I don't know.

My consciousness is scattered across space-time because space-time is an illusion. When I cease to be physical, when I die physically, I cease to be physical in all those manifestations. All of that experience comes together simultaneously. Now, the reason for being being physical is to collect knowledge, or to collect experience. If that's true, you and I are having an experience now. Well, if that's true, then the experience I'm having over here and you're having there is pretty poor because I'm only getting half of it and you're getting the other half.

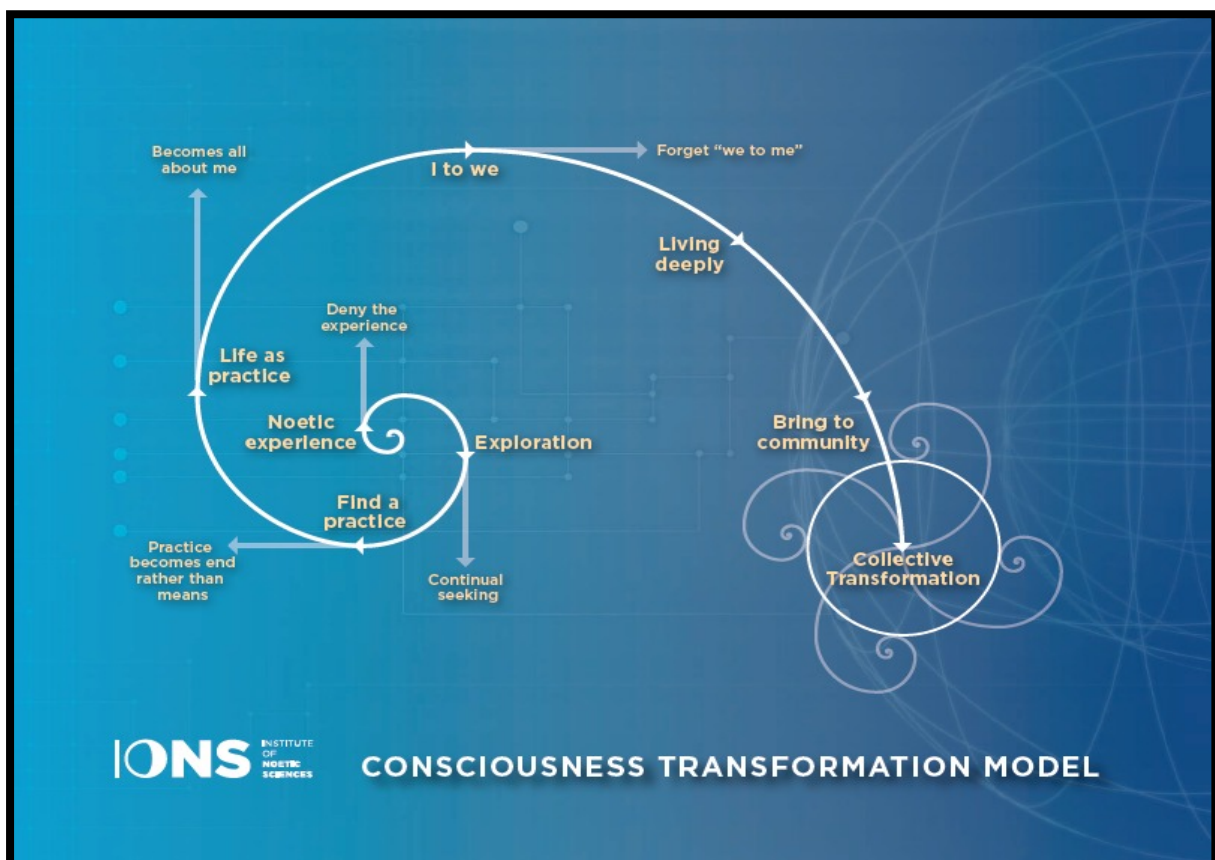


But what if in actuality, we're both the same? Then we're getting all of it. But we don't know that until we cease to be physical. In the physical sense, we don't understand that, but we have to the experience by playing our roles. In ther words, we're incarnated in multiple lives in the physical. **Through the death process, or the leaving of the physical, all physical reality ceases to be.** All the manifestations cease to to be simultaneously, and it's all brought together into an understanding of the universe."

—JOSEPH McCONGLE

[PP:202-203] TIPPING POINT - IONS CONSCIOUSNESS TRANSFORMATION MODEL

Our global society is at a tipping point; it's just not clear which way things are things are tipping. On the one hand, we may be on the very verge of a full-systems collapse. We get daily reminders on the news about many ways in which we are in peril. Our collective fear of death is pushing us toward conflict and intolerance. On the other hand, if society moves forward as predicted in the world view transformation model we may be heading for the rebirth of a sustainable society."



Central to the Institute's research has been investigation into the phenomenon of transformations in consciousness—significant changes in the way that people perceive and shape their reality. **Such transformations often lead people to experience more meaning and purpose in their lives, becoming more compassionate and service-oriented** and becoming agents for positive change in their communities and beyond. How do these transformations happen? What are the facilitators? What are the barriers to transforming?

To find our way to a life-affirming option, we are well served to follow the advice of former writer and aikido master George Leonard: “Take the hit as a gift.” Adversity is our opportunity. An expanded aware of death can enrich our lives. We are being called to heal a world view that defines reality as nothing more than our physical nature.

Jean Watson, the key to transformation is healing relationships. As a nurse leader, she works to transform healthcare. Her goal is to transform human suffering into deep caring. She brings this awareness about the caring portion of healthcare to the way in which we treat death.

We're engaged in helping to understand the difference between having pain with suffering and having a pain without suffering. We're opening up an invitation for us to have a different meaning, or more meaning of life purpose, another interpretation of death, and preparation for our own death, which ultimately leads to conscious dying as a possibility for us.

I think we all hold a higher image and a higher vision of the other side that we haven't given ourselves permission to engage in, explore, or to even have conversations around. And that's why people who are dying have so much to teach us.

One person's humanity reflects on the other. So if we're shutting off that experience of dying, we're shutting of our own experience of living . . . There are opportunities for us as individuals, or as health professionals, or the public at large, to engage in these conversations as opportunities to ask new questions and find out much more about what you are or I are doing here. Watson, like other visionary healthcare leaders, is advocating for a new model of medicine that sees death as a natural part of living.

In this book, we have heard from people representing many of the world's traditions, spiritual and scientific. It is clear from their diverse voices that death need not be seen in extreme terms of crisis management.



Making peace with death allows us to surrender into the natural cycle of life we are a part of. The shift in our view of death may include an end to the heroic measures that characterize modern medicine and end-of-life-care.'



Suggested resources:

Death Makes Life Possible, Marilyn Schiltz:

www.deathmakeslifepossible.com/store/ ISBN: 1622034163 ,

Institute of Noetic Sciences, IONS:

<http://noetic.org/about/what-are-noetic-sciences>

Transformation Model:

<https://noetic.org/science/resources-media/consciousness-transformation-model/>

